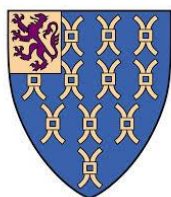
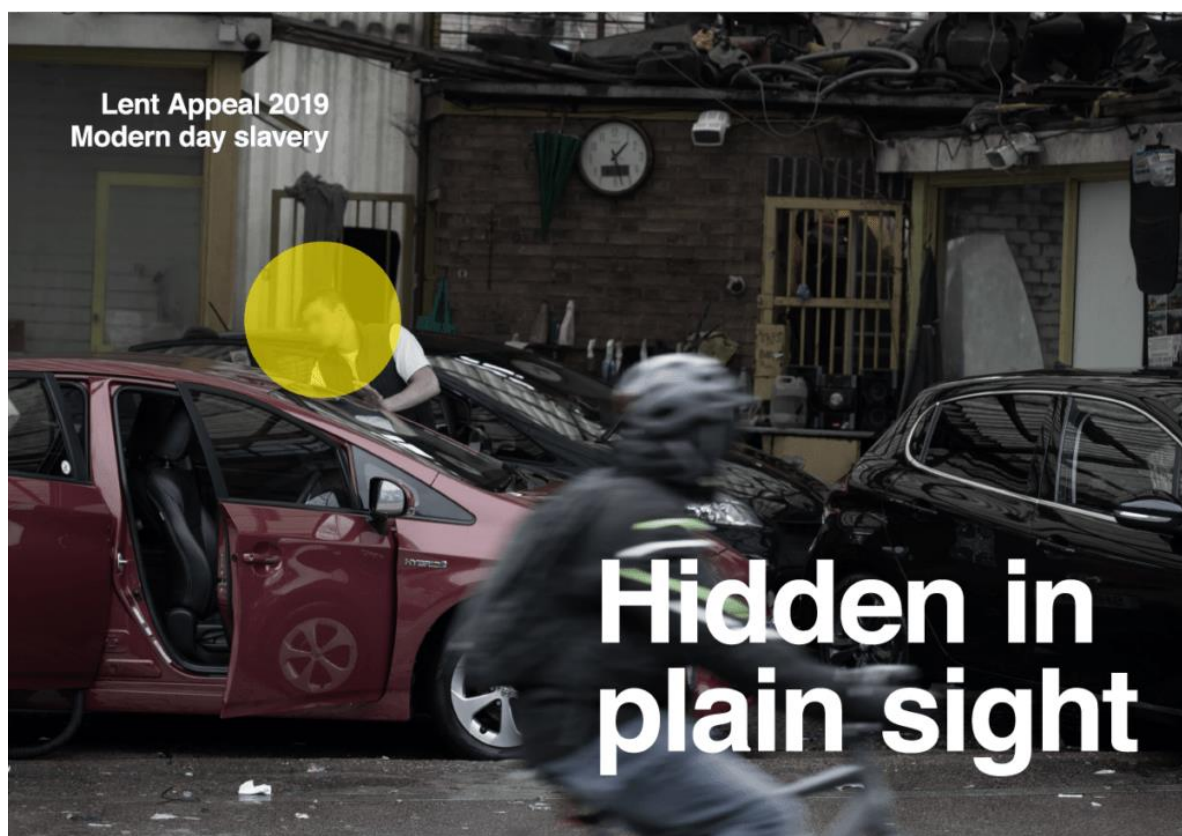


The Honourable Society of Lincoln's Inn



LENT

2019



HIDDEN IN PLAIN SIGHT

Lent is the traditional time for Christians to tighten belts and concentrate on what loving God and loving our neighbour means in practice. In a demanding world where we can all feel trapped, it's the search for true freedom.

True freedom challenges us. At the *spiritual* level – how many things am I in thrall to? How often do I fail to see the wood for the trees; miss what is right in front of my nose, hidden in plain sight.

At the *moral* level how seriously do we take 'loving our neighbour as ourselves' or the 1948 United Nations declaration: All human beings are born free and equal in dignity and rights, endowed with reason and conscience and should act towards one another in such a spirit.

What happens to freedom here in London? Amidst our wonderful, diverse, cultural city, are all the distractions, emotional attachments, work and worries which hold us captive. Amidst the inequality, loneliness and isolation, modern slavery flourishes. Hidden from view are the thousands pushed into slavery - a woman or girl trafficked to work in the illegal sex trade; a man forced to work on a construction site; or a child married against their will. Behind the statistics are real people. None are free.

As part of our traditional Lenten almsgiving, Chapel collections this term are for the Diocese of London's Lent Appeal, *Hidden in Plain Sight*, to help confront modern slavery (see: <https://www.london.anglican.org/mission/lentappeal/>).

Alongside the Chapel offers our Lent programme of music, meditation, discussion and reflection –open to all in search of true of freedom.

Sheila Watson, Preacher
preacher@linconsinn.org.uk

<https://www.lincolnsinn.org.uk/about-us/chapel/>

LENT PROGRAMME

ASH WEDNESDAY 1.05pm Said Holy Communion Service
6 MARCH 5.30pm Sung Eucharist

LUNCHTIME CONCERT: Tuesday March 26 1pm – Kandar Quartet

**WEDNESDAY 27 MARCH 6.30PM, at ST PAUL'S CATHEDRAL:
ROWAN WILLIAMS on JESUS CHRIST THE UNANSWERED
QUESTIONS.** *15 places have been reserved: booking essential.*
Please contact (preacher@lincolnsinn.org.uk) as soon as possible *and
by March 10 at the latest. Follow up meeting, if desired, to be agreed
with the group.*

THURSDAY 4 APRIL 5.30PM: SUNG COMPLINE IN CHAPEL. A
meditative opportunity for reflection based on the monastic evening
office.

WEDNESDAY LUNCHTIMES

Freedom and Calm: a time to free ourselves from our usual concerns
and become more *mindful* in *meditation, prayer* and *discussion* on
Wednesdays March 13; 20; 27; April 3; and 10 at 1.00 - 1.45pm in the
Chapel (please feel free to come and go as the lunch break allows).

At each of these, there will be a brief introduction by the Preacher,
drawing on poetry and spiritual traditions over the centuries; quiet time
and a chance to exchange ideas.

SUNDAYS IN LENT at 11.30am

MARCH

10 Sunday: Lent 1	Choral Matins	Freedom in Love : The Rose of Sharon
17 Sunday: Lent 2	Choral Matins	Love in Freedom : The Little Foxes
24 Sunday: Lent 3	Special Service	John Donne Sunday Dr Peter Mitchell, Senior Lecturer, Early Modern English Literature, University of Wales

The Virgin Mary by Alex Woolf
This Lincoln's Inn
commission, based on
Donne's poem, will receive its
second performance.

31 Sunday: Mothering Sunday Choral **Freedom in Baptism**
Matins

APRIL

7 Sunday: Passion Sunday Choral **Freedom in the Cross**
Matins

14 Sunday: Palm Sunday Sung **Blessing of Palms and**
Eucharist **dramatised reading of**
the Passion.

The first Sunday of **Easter Term** is 12 May at 11.30 am

For those looking for services in London during Holy Week St Paul's Cathedral has services daily <https://www.stpauls.co.uk/>

BOOKS IN LENT:

UNDERSTANDING HOW TO BELIEVE AND LIVE

***The Merciful Humility of God* Jane Williams**

Bloomsbury £9.99: the strangeness of God's mercy.

***Bound to be Free: The Paradox of Freedom* Graham Tomlin**

Bloomsbury £12.99

***God with Us. The Meaning of the Cross and Resurrection - Then and Now* Rowan Williams SPCK 2017 £8.99**

PRAYER AND MEDITATION

At Home in Lent: An exploration of Lent through 46 objects

Gordon Giles BRF £8.99. Everyday objects as a prompt for meditation.

The Way of Ignatius: A prayer journey through Lent

Gemma Simmonds SPCK £8.99. Explore Lent through Ignatian meditation

BIBLE STUDY

Reconciliation (The Archbishop of Canterbury's Lent Book 2019)

Muthuraj Swamy SPCK £9.99). Bible Study and reconciliation